
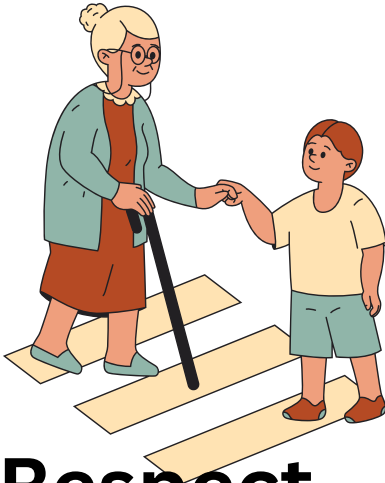





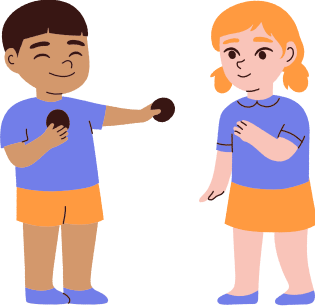






Needs List

People Needs

| | | |
|--|--|---|
|  <p>To be listened to</p> |  <p>Respect</p> |  <p>Fairness</p> |
|  <p>Honesty/ Trust</p> |  <p>Cooperation</p> |  <p>Choice</p> |

Friendship Needs

| | | |
|---|--|---|
|  <p>Friendship</p> |  <p>Sharing</p> |  <p>Fun</p> |
|  <p>Play</p> |  <p>To join in</p> |  <p>To help others</p> |

Basic Needs

| | | |
|--|---|--|
|  <p>To be safe</p> |  <p>Food/ drink</p> |  <p>Care</p> |
|  <p>To learn/ be creative</p> |  <p>Space/ Alone time</p> |  <p>Rest/ sleep</p> |

These are just *some* of the needs we all have at school. If we can communicate our needs respectfully and respect the needs of other people, we can all benefit! This needs list was built based on principles of Nonviolent Communication (nvc-uk.com).